

You're invited to attend **ACTIVE PARENTING NOW™**

For parents of children ages 5 to 12



Happy families aren't born...

they're made one day at a time.

We're bringing the acclaimed **Active Parenting Now** program directly to you! This workshop will show you effective ways to...

- use non-violent discipline techniques that work
- improve communication with your children
- teach responsibility and other important values
- handle problems as they come up
- cope with difficult topics such as drugs, violence, and sex
- defuse power struggles with your children
- stimulate independence as your child grows older
- encourage your children to be their very best!

Do you ever wonder if there's a better way to handle those daily parenting problems? Maybe your son dawdles around whenever it's time to get dressed for school...your daughter is suddenly using disrespectful language...or the children seem to forget to do their chores and argue every minute of the day. Or maybe you'd like to prepare now for the upcoming teen years.

You can become more successful at parenting—the most important job of your life—with *Active Parenting Now*, the acclaimed video and discussion program by parenting expert Dr. Michael Popkin. In six sessions, you will learn a proven approach to parenting that will lead to more harmony and happiness for you and your children. Since 1983 millions of families have learned the benefits of Active Parenting—now it's your turn.

This entertaining and informative program uses video, activities and discussion to show you ways to **raise responsible, cooperative children** who are able to resist negative peer pressure. You'll leave each session energized and motivated to make changes in your own family's daily routine that will lead to greater happiness in every room of the house (and the car, too!).

Join us at the next session and see the difference!



For more information about Active Parenting, call 800-825-0060 or go to www.ActiveParenting.com.

Date: 6 session course, March 3-April 7 (Wednesdays) Time: 6:30-8:30pm

Sponsored by: The Nurturing Center

Fee: \$40 single or \$60 couple (includes book)

Other Details: Pre-registration is required. Class size is limited.

To register, contact: 756-1414 or michelle@nurturingcenter.org.

