

Resource Guide

January 2010

THE NURTURING CENTER

146 3rd Avenue West, Kalispell

info@nurturingcenter.org

www.nurturingcenter.org

A family resource center that provides a clearinghouse of information and services to parents of children of all ages; Education programs, support groups, child care assistance and referrals, lending library, bi-monthly newsletter, and specialized services for overburdened and stressed families; A nutrition education program, training and technical assistance, and start-up support for child care providers; ParentShare, birth-five support groups; Gemini, a mentoring program for young women.

1-406-756-1414

1-800-204-0644

Fax 756-1410

AMERICAN RED CROSS (CPR, First Aid) 752-6433

126 N Meridian, Kalispell

www.redcross.org

BIG BROTHERS BIG SISTERS 752-0092

137 Main, Kalispell

Building caring relationships between children, volunteers, and families to enrich their lives and their communities. Fax 257-5182

www.bbbsfc.org

chrystal@bbbsfc.org

CHILD ABUSE & ELDER HELP LINE 1-866-820-5437

CENTRALIZED – INTAKE A 24-hour reporting and referral service to the community. Can only make referrals.

CHILD AND FAMILY SERVICES DPHHS 751-5950

Department of Public Health & Human Services

121 Financial Dr., Ste. B, Kalispell

Adoption services, foster care, day care licensing, Child Protective Services. Investigation and support services for suspected child and elder abuse and neglect cases. Fax 751-5979

www.dphhs.mt.gov

CHILD DEVELOPMENT CENTER 755-2425

1725 Mt. Hwy. 35, Kalispell

Provides home and center based services for children, from ages 0-21 who are developmentally delayed or disabled, and their families. Provides evaluation, training and support. Fax 755-2426 Missoula 1-800-914-4774

www.childdevcenter.org

CHILD SUPPORT ENFORCEMENT DIVISION (CSED) 1-800-346-5437

www.dphhs.mt.gov

Missoula 1-406-329-7910

CITY PARKS AND RECREATION 758-7718

35 1st Avenue E, Kalispell PO Box 1997

Activities throughout the year for youths through seniors. City park pavilion reservations. Fax 758-7719

BRUCKERHAUSER POOL Open to the public, minimal charge. 758-7812

www.kalispell.com/parks

COMMUNITY ALLIANCE CHURCH 257-9199

348 2nd Avenue West, Kalispell Community Kitchen

COMPASSIONATE FRIENDS 387-5215

P.O. Box 352, Hungry Horse

Self-help organization offering friendship and understanding to bereaved parents.

www.compassionatefriends.org

COUNTY 4-H EXTENSION OFFICE 758-5553

800 S. Main – East Annex, Kalispell

Cheryl Weatherell, 4-H Extension Agent. 4-H and youth educational programs to develop self-esteem and positive life skills.

www.co.flathead.mt.us/4h

FAMILY CONCEPTS 257-4040

14 River Road Rd., Kalispell

Support for Foster Parents

www.dphhs.mt.gov

FLATHEAD CITY-COUNTY HEALTH DEPARTMENT 751-8100

1035 1st Avenue West Fax 751-8102

Community Health Nurses provide

breast feeding counseling, maternal child health information, limited pre-natal services, immunization clinics and home visits for families.

FAMILY PLANNING CLINIC 751-8150

WOMEN, INFANTS & CHILDREN (WIC) 751-8170

HEALTH CLINIC 751-8113

CAR SEATS – Wendy Olson 751-8106

www.flatheadhealth.org

FLATHEAD COUNTY LIBRARY 758-5820

247 1st Avenue East, Kalispell

Books on child development and child management, children's books and records, story hours, exhibits. Toy lending library. Meeting room available.

COLUMBIA FALLS BRANCH 892-5919

WHITEFISH BRANCH 862-6657

BIGFORK BRANCH 837-6976

MARION BRANCH 854-2333

www.flatheadcountylibrary.org

FLATHEAD SPECIAL EDUCATION COOPERATIVE 257-1857

1001 S. Main St., Kalispell

Provides speech, language, psychological, occupational, physical therapy and preschool services to children 3-15 years old. Conducts Child Find outreach each fall and spring to identify children with special learning needs.

FLATHEAD FOOD BANK 752-3663

1403 Hwy 2 West, Kalispell

Provides short-term emergency food assistance to people in need. Distribution centers are located in Kalispell, Evergreen, Marion, Hungry Horse and Bigfork.

Columbia Falls Food Pantry 892-0241

82 Railway St., Columbia Falls Monday 5pm – 6:30 pm, Tuesday 9:30 am - noon

FLATHEAD VALLEY CHEMICAL DEPENDENCY CENTER

PO Box 7115, Kalispell, MT 59904-0115

756-6453

110 Nucleus Ave Ste B, Columbia Falls

892-7900

Flathead County's community-based professional outpatient alcohol and other drug counseling and prevention services agency.

www.4drugrehab.com

FLATHEAD VALLEY COMMUNITY COLLEGE 756-3822

777 Grandview Drive, Kalispell

Associates degree programs, transfer to 4-year colleges and community education.

www.fvcc.edu

SNAP HOTLINE Supplemental Nutrition Assistance Program 1-800-332-2272

Basic eligibility guidelines about **food stamps**. See Office of Public Assistance

www.citizenadvocate.mt.gov

GLACIER CENTER FOR FAMILIES 257-8858

945 – 4th Avenue East, Suite C, Kalispell

Supporting families in crisis by providing Parenting Education and Substance Abuse Accountability

HEAD START 752-7011

79 7th Ave. EN, Kalispell

fax 755-1916

Head Start is a pre-school program available at no cost to income eligible families.

www.headstartmt.org

HEARTLAND CAREGIVERS 1-800-866-6266

Domestic placement and employment agency

www.heartlandcaregivers.com

HELP NET- FIRST CALL FOR HELP 752-8181

PO Box 8181 Kalispell

1-800-332-8425

Confidential, anonymous, free information and referral service for Northwest Montana. Referrals to all social services providers/counselors when you don't know where to turn for help.

HOPE PREGNANCY CENTER 257-6006

940 1st Ave. East, Kalispell

www.hopepregnancycenter.org

KALISPELL REGIONAL MEDICAL CENTER-KRMC 752-5111

310 Sunny View Lane, Kalispell

www.krmc.org

KALISPELL SCHOOL DISTRICT #5 751-3445
233 1st Avenue East, Kalispell
Special education services for children 3 years and up who have handicapping conditions and special needs. Elementary programs serve students in District #5 only, while high school provides services for students in Flathead County.
www.sd5.k12.mt.us

LA LECHE LEAGUE 257-5635
765 4th Avenue West North, Kalispell
Offers a series of four meetings covering topics related to breast -feeding. Telephone support for breast-feeding mothers. Meets 1st Tuesday, 7 pm.
www.lalecheleague.org

LITERACY VOLUNTEERS 257-7323
35 4th Street West, Kalispell
Work with adults in the Flathead County on basic literacy skills of reading, writing and English as a second language. Offers U.S. Citizenship study. Tutoring services available in the juvenile and adult detention centers. Services are free and confidential.
www.familit.org

LUTHERAN SOCIAL SERVICES OF MONTANA 752-8847
17 2nd Street East, Suite 207, Kalispell
Statewide social service agency providing general counseling, adoption counseling, unplanned pregnancy counseling, adoption education & consultation.
www.lssmt.org

LEGAL
MONTANA LEGAL SERVICES ASSOCIATION 1-800-666-6899
616 Helena Ave., Ste. 100, Helena 59601 (442-9830)
www.mtlsa.org www.MontanaLawHelp.org

SELF-HELP LAW CENTER 758-2496
920 South Main, 3rd Floor, Kalispell
Mail: 800 South Main, Kalispell, MT 59901

MONTANA 211
2-1-1 is an easy-to-remember telephone number that connects people with important community services and volunteer opportunities.
www.montana211.org

MONTANA PEAKS, INC. 892-5767
123 6th Street West, PO Box 2355, Columbia Falls
A community-based, non-profit agency that provides education and job training programs for families and youth through partnerships with schools, businesses and human service agencies. Consulting and grant writing services for vocational and school-to-work programs. Non-traditional training programs are offered to women.

MOTHERS OF PRE-SCHOOLERS (M.O.M.S) 257-5683
Support group for mothers with children. Located at Trinity Lutheran Church, Kalispell. Meets 1st and 3rd Wednesday from 9:15-11:15 am.

MOTHERS OF TWINS Daytime 756-6485 Evenings 752-8776
Support group for mothers of twins. Meets 2nd Monday of the month at 7:30pm, Finnegan's Restaurant, 666 East Idaho, Kalispell. Susie Hartman 752-3547

NEIGHBORS IN NEED 752-8181
PO Box 2772, Kalispell 1-800-332-8425
Fund of last resort that is managed by church donations for emergencies such as temporary shelter, rental assistance, utilities, food, gasoline, etc. for limited income persons.
www.ucc.org/nin/

NORTH VALLEY HOSPITAL 863-3500
1600 Hospital Way, Whitefish
www.nvhosp.org

COMMUNITY ACTION PARTNERSHIP OF NORTHWEST MT 752-6565
(Human Resources)
214 Main Street, Kalispell
PO Box 8300, Kalispell MT 59904
A community based not-for profit agency providing opportunities and services to needy individuals to obtain self-sufficiency by networking available resources in the community and offering direct services.
www.nmhr-dist10.org

OFFICE OF PUBLIC ASSISTANCE 751-5900
121 Financial Dr., Suite A, Kalispell, MT 59901
Applications for economic assistance, Food Stamps, Medicaid.
www.dphhs.mt.gov

PARENTING PLANS (ONLINE)
www.montanacourts.org/library/forms/pp_packet/Parenting_Plan.doc or
www.mt.gov, Government, State Law Library (link), Forms, Parenting Plans

PARENTS LETS UNITE FOR KIDS - PLUK 270-1086
Stephanie Leuhr -Parent support for children with special needs.
www.pluk.org

POISON INFORMATION CENTER 1-800-525-5042
Throughout Montana

PATHWAYS TREATMENT CENTER 756-3950
200 Heritage Way, Kalispell
In -patient treatment facility for individuals and families needing psychiatric care or chemical dependency rehabilitation. 1-800-752-3950
www.pathwaysprogram.org www.krmc.org

RAY OF HOPE HOMELESS SHELTER 755-4673
46 – 5th Ave. W., Kalispell
A hand up, not a hand out.
www.orgsites.com/mt/rayofhope

SALVATION ARMY 257-4357
110 Bountiful Drive, Kalispell
Provides emergency welfare assistance in the form of food, temporary shelter and clothing.
Thrift Store, 1500 South Hwy 93, Kalispell
www.salvationarmyusa.org

SAMARITAN HOUSE 257-5801
Corner of 9th Avenue West and 2nd Street west
P.O. Box 592, Kalispell
Provides shelter and basic needs for homeless people, while supporting their efforts to find employment and housing.
www.samaritanhouse.com

SEVENTH DAY ADVENTIST COMMUNITY SERVICE CENTER 257-6008
494 9th Avenue EN, Kalispell
Open Tuesdays from 10:00am-3:00pm. Provides clothing, and a limited supply of furniture in emergency crisis situations. Please call to find out what furniture is needed or available.

SHEPHERD'S HAND CLINIC 862-2615
Christ Lutheran Church, 233 Kalispell Avenue, Whitefish
Monday evenings 6:00-10:00 pm. Health services for those who are not covered by any other medical plan. Well- child care, minor illnesses, and some chronic illnesses needing monitoring. First come, first serve; no appointments taken.

STILLWATER THERAPEUTIC SERVICES 752-6100
418 Windward Way, Kalispell
24-hour crisis intervention services 752-6262
Outpatient and children's services. Provides outpatient counseling to children and families; children's case management; therapeutic foster care; family based services. Medicaid, insurance and Montana Mental Health Services Plan accepted.

THE SUMMIT 751-4100
Safe Sitter Course 751-4500
205 Sunnyview Lane, Kalispell, Mt 59901
www.summithealthcenter.com

TOUCH OF GRACE CLINIC 257-4357
110 Bountiful Drive, Kalispell
A free weekly medical clinic for the uninsured provided by the combined efforts of the many volunteers of Flathead Valley. Acute and chronic illness, health exams, specialty referrals, and health education. Appt. necessary.

UNITED WAY 752-7266
P.O. Box 7217, Kalispell, Mt 59901
www.national.unitedway.org

VIOLENCE FREE CRISIS LINE Hotline 752-7273
1203 Hwy 2 W. #28, Kalispell Crisis Office 752-4735
P.O. Box 1401
Peer counseling, crisis intervention and advocacy for victims of battering, incest, domestic violence, child sexual abuse and rape. Offers Abused Women's Support Group, Rape Survivors Group, Adults Molested as Children Group, and Abigail Frederick Shelter for victims. Anonymous and confidential services are available 24 hours a day.

