

You're invited to attend

Active Parenting for Stepfamilies™

For Parents and Stepparents

Your Stepfamily Journey is About to
Get a Whole Lot Easier!

The Active Parenting for Stepfamilies workshops will teach you the skills you need to build a successful stepfamily. You'll learn how to...

- blend family histories, traditions, and values
- cope with loss and encourage healthy grieving
- establish parental authority using non-violent discipline techniques that work
- improve communication and build new relationships based on respect and trust
- teach responsibility, cooperation, and other important values
- prevent or stop problems such as loyalty conflicts, power struggles, and more
- cope with difficult topics such as drugs, violence, and sex
- set boundaries that work for your whole family
- encourage your children to be their very best!



Getting married was the easy part! Now, as a parent in a stepfamily, you face a whole new set of challenges as well as all of the old ones. Maybe your son won't do anything your new husband asks of him and your stepdaughter turns her back on your attempts to get to know her. Or your biological kids and stepkids can't seem to get along. And with all of these problems to handle, you've ignored the needs of your marriage. Ultimately, you want to build a happy, healthy stepfamily, and you want to raise your children and stepchildren to have the skills and character they need for success. But how?

You *can* create harmony and stability in your stepfamily while raising responsible, courageous children. *Active Parenting for Stepfamilies*, a video and discussion program by parenting expert Dr. Michael Popkin & stepfamily expert Elizabeth Einstein, will show you how. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting that will bring happiness and harmony into your home. You'll also learn indispensable techniques and insights for overcoming obstacles and achieving stepfamily success. You'll leave each session energized and motivated to make positive and realistic changes in your own stepfamily's daily life.

Since 1983, millions of families have learned the benefits of Active Parenting. Now it's your turn.

Join us at the next session and see the difference!

Begins: Sep. 12—Oct. 17 6:30pm —9:00pm Monday evenings

Fee: \$40/single or \$60/couple (includes book)

Pre-registration is required and class size is limited. *To sign up call The Nurturing Center at 756-1414.*



MONTANA



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